

Declaration of Practices and Procedures

James Dunford, CAPSW

Nett-Work Family Counseling LLC

2801 Calumet Drive
Sheboygan, WI 53081
(920) 451-6908

Qualifications:

I graduated Phi Kappa Phi from Radford University in 2012 with a Bachelor's Degree in Psychology with an emphasis on Clinical Research. During 2014-2016, I completed 45 semester hours in the Master's of Social Work Program at Radford University. In 2019, I graduated with honors from the University of Wisconsin-Green Bay with a Master's Degree in Social Work, focusing on Rational Emotive Behavioral Therapy and Mental Health. I am also trained in Sports Counseling. Christine Nett, LCSW, CSAC, CS-IT will serve to supervise the experience hours I need to become fully licensed as a Licensed Clinical Social Worker in the State of Wisconsin.

Areas of Focus:

My focus is serving individuals who have experienced challenges surrounding mental health; including anxiety, eating disorders, depression, personality disorders, cognitive behavioral modification, family therapy, PTSD and veteran transitional issues. Focus is Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), a components-based treatment model in which clients learn new skills to help process thoughts and feelings related to traumatic life events; manage and resolve distressing thoughts, feelings, and behaviors related to traumatic life events; and enhance safety, growth, and parenting skills.

Office Procedures:

Appointments are typically set at the close of each session. Appointments may be scheduled, rescheduled or cancelled with the receptionist from 8:00am to 4:00pm Monday through Friday. Failure to give notice 24 hours in advance prior to cancelling an appointment may result in a charge applied to your account for the time that was reserved for you. Two or more failures to give notice will result in discontinued treatment.

Services Offered:

Works with adolescents and adults, presenting with mental health and behavioral concerns. Provides treatment related to eating disorders, depression, anxiety, suicidal ideation, trauma, self-esteem, LGBTQ concerns, grief and loss, relationship counseling, ADHD, and other life stressors. Range of therapy includes Trauma-Informed Care, Motivational Interviewing, Solution-Focused Therapy, Cognitive Behavioral Therapy including (REBT) Rational Emotive

Behavioral Therapy. Facilitates Anger Management Groups for adults focusing on mindfulness skills, emotional regulation, distress tolerance, and interpersonal relationships.

I have read the Declaration of Practices and procedures of James Dunford, CAPSW and my signature below dictates my full informed consent to the services provided by James Dunford, CAPSW. I am aware that he may share information with Christine Nett, LCSW, CSAC, CS-IT for the sole purpose of supervision toward licensure and information shared in supervision may not be used for any other purposes.

Client Signature _____ Date _____

James Dunford, CAPSW _____ Date _____

Christine Nett LCSW, CSAC, CS-IT _____ Date _____

Parent/Guardian Consent for Treatment of a Minor:

I, _____, give my permission for Jimmy Dunford, CAPSW, to conduct therapy with my (relationship) _____,
_____ (name of minor).

Signature of Parent or Legal Guardian _____ Date _____