

Declaration of Practices and Procedures

Catherine Hayen LPC

Nett-Work Family Counseling

2801 Calumet Dr
Sheboygan, WI 53083
(920) 451-6908

Qualifications:

I earned my Master's degree in Clinical Mental Health at the University of Nebraska at Kearney in 2020. I currently have a license in Professional Counseling issued by the state of Wisconsin and certification in counseling by the National Board for Certified Counseling. The Department of Safety and Professional Services in Wisconsin has approved Christine Nett LCSW, CSAC, ICS to be my LPC Board-Approved Supervisor until the time that I become an approved provider by insurance companies in Wisconsin.

Areas of Focus:

My focus includes an array of mental health concerns including, but not limited to, depression, anxiety, ADHD, substance use, personality disorders, trauma and PTSD.

Office Procedures:

Appointments are typically set at the close of each session. Appointments may be scheduled, rescheduled or canceled with the receptionist from 8:00am to 5:00pm Monday through Thursday. Failure to give notice for any appointment not canceled within 24 hours in advance may result in a charge for the time reserved for you. Two or more failures to give notice will result in discontinued treatment.

Services Offered:

My main approach to therapy is Existential and Reality Choice. I also use techniques from Solution-Focus, Cognitive Behavioral and Gestalt Therapies. I believe it is important to understand issues from the client's perspective while also being straightforward and educational.

I have read the Declaration of Practices and Procedure of Catherine Hayen LPC and my signature below dictates my full informed consent to the services provided by Catherine Hayen LPC. I am aware that she may share information with Christine Nett, LCSW, CSAC, ICS for the sole purpose of supervision toward licensure and information shared in supervision may not be used for any other purposes.

Client Signature

Date

Catherine Hayen LPC

Date

Christine Nett LCSW CSAC ICS

Date